

Kinesiology

Associate in Arts Degree Kinesiology

Total Core Units: 22 units

Total Units: 60 units

Required Core Courses: 14 units

Course Number	Course Title	Fall	Spring
PE 15	Introduction to Kinesiology	3	
BIOL 25	Human Anatomy & Physiology I	4	
BIOL 26	Human Anatomy & Physiology II		4

Take 3 units: 1 course from each area

Course Number	Course Title	Fall	Summer	Spring
Fitness				
PEAC 16	Walking for Fitness		1	
PEAC 32D	Fitness Center	1		1
PEAC 44	Yoga	1		1
Individual Sports				
PEAC 31	Golf Skills	1		1
PEAC 14	Bowling	1		1
Team Sports				
PEAC 5D	Off-season Skills and Conditioning for Basketball	1		

Required Electives: 8 units

Course Number	Course Title	Fall	Spring
MATH 40	Elementary Statistics	3	3
CHEM 1A	General Chemistry I	5	

Select General Education Requirements from CSU or IGETC

Remaining units to total 60 units may be selected from courses numbered 1-49

See a counselor to prepare your educational plan with the latest scheduling information.