## **Kinesiology**

## <u>Associate in Arts Degree</u> <u>Kinesiology for Transfer</u>

**Total Core Units:** 22 units **Total Units:** 60 units

**Required Core Courses**: 14 units

Course Number	Course Title	Fall	Spring
PE 15	Introduction to Kinesiology	3	
BIOL 21 and	Human Anatomy with Lab	4	4
BIOL 22	Human Physiology with Lab	4	4
or			
BIOL 25 and	Human Anatomy & Physiology I	4	
BIOL 26	Human Anatomy & Physiology II		4

Take 3 units: 1 course from each area

Course	Course Title	Fall	Summer	Spring
Number				
Fitness				
PEAC 16	Walking for Fitness		1	
PEAC 32D	Fitness Center	1		1
PEAC 44	Yoga	1		1
Individual				
Sports				
PEAC 34	Golf Skills	1		1
<b>Team Sports</b>				
PEAC 5D	Off-season Skills and			1
	Conditioning for Basketball			

**Required Electives:** 8 units

Course Number	Course Title	Fall	Spring
MATH 40	Elementary Statistics	3	3
CHEM 1A	General Chemistry I	5	

## **Select General Education Requirements from CSU or IGETC**

Remaining units to total 60 units may be selected from courses numbered 1-49

See a counselor to prepare your educational plan with the latest scheduling information.