

PHYSICAL EDUCATION

Associate in Arts Degree University Studies – Emphasis in Physical Education

Required Core Courses: 18 units

Total Units: 60 units

Course Number	Course Title	Fall	Spring
BIOL 21 and	Human Anatomy (L)	4	4
BIOL 22	Human Physiology (L)	4	4
or			
BIOL 25	Human Anatomy and Physiology I	4	
BIOL 26	Human Anatomy and Physiology II		4
HLTH 2	Personal Health	3	3
HLTH 25	Understanding Nutrition	3	3
PE 15	Introduction to Kinesiology	3	
PEAC 32D	Fitness Center	1	1

Required Activity Electives: 3 units from PE Electives

Course Number	Course Title	Fall	Spring	Summer
PEAC 2A	Men's Varsity Soccer	3		
PEAC 2B	Pre-Season Skills and Conditioning for Soccer			0.5
PEAC 2C	Women's Varsity Soccer	3		
PEAC 2D	Off-Season Skills and Conditioning for Soccer		1.5	
PEAC 5A	Men's Varsity Basketball-Fall	2		
PEAC 5A.02	Men's Varsity Basketball-Spring		1	
PEAC 5B	Pre-Season Skills and Conditioning for Basketball	1.5		
PEAC 5C	Women's Varsity Basketball-Fall	2		
PEAC 5C.02	Women's Varsity Basketball-Spring		1	
PEAC 5D	Off-Season Skills and Conditioning for Basketball		1	
PEAC 6	Varsity Wrestling	3		
PEAC 6B	Pre-Season Skills and Conditioning for Wrestling			0.5
PEAC 6D	Off-Season Skills and Conditioning for Wrestling		1.5	
PEAC 7	Varsity Baseball		3	
PEAC 7D	Off-Season Skills and Conditioning for Baseball	3		
PEAC 9	Woman's Varsity Volleyball	3		
PEAC 9B	Pre-Season Skills and Conditioning for Volleyball			0.5
PEAC 9D	Off-Season Skills and Conditioning for Volleyball		1.5	
PEAC 10	Woman's Varsity Softball		3	
PEAC 10D	Off-Season Skills and Conditioning for Softball	3		
PEAC 16	Walking for Fitness			1
PEAC 34	Golf Skills	1	1	
PEAC 44	Yoga	1	1	

Complete CSU or IGETC General Education Requirements

Remaining units to total 60 units may be selected from electives course numbers 1-49

See a counselor to prepare your educational plan with the latest scheduling information.