Lassen Community College Course Outline

CG 155 Study Strategies Lab   0.0 Units

I.   Catalog Description

This lab course is designed to provide students with study skills as well as course specific help in classes in which the student is experiencing difficulty. Student to student tutorial assistance, study strategies and instructor intervention will provide the student with the academic support to be successful in the classroom. The second year students will be expected to expand on the skills learned in first year and implement opportunities to support first year students. This course may be taken for a total of four enrollments. This course has been approved for online and hybrid delivery.

Does not transfer to UC/CSU
90 Hours Lab
Scheduled: Fall, Spring

II.   Coding Information

Repeatability: Take– 4 Times
Grading Option: Not Graded non-credit)
Credit Type: Noncredit (Not Community Service)
TOP Code: 493014

III.   Course Objectives

A. Course Student Learning Outcomes

Upon completion of the course the student will be able to:
1. Demonstrate appropriate study techniques.
2. Given a specific problem, identify appropriate on and off campus services.
3. Perform an advanced study skill activity (i.e. run a study group, perform a leadership activity, perform a basic study skill presentation to first year students, etc.)

B. Course Objectives

Upon completion of each enrollment of this course the student will be able to progressively show increased abilities to:
1. Sharpen academic skills in taking lecture notes, outlining college texts, preparing to take exams, and participating in classroom discussions of academic topics.
2. Evaluate his/her attitude toward college, and academic success.
3. Identify various student services (financial aid, counseling, tutorial) and seek appropriate help, either career, personal or academic.
4. Learn study techniques in order to improve their ability to successfully participate in assigned course work leading to the completion of class academic skills.
5. Develop and implement weekly a realistic study schedule based upon course requirements and personal time limits.
6. Apply learned study habits and study techniques to specific subject matters and course objectives.

IV.   Course Content

Student proficiency is increased with each enrollment:
1. **First year enrollment content (1st two enrollments):**

  A. Introduction and adjusting to the college environment.
    1. The different expectations between high school and college
    2. Introduction to student services/support services on campus
  B. Academic Planning
    1. Review of the course catalog
    2. Career Exploration
    3. Development of an educational plan
  C. Study skills and related topics:
    1. Introduction to library skills
    2. Digital literacy skills, to include our software specific programs (i.e. portal, Canvas, email, etc.)
    3. Note taking and outlining skills
    4. Time management
    5. Test taking skills
    6. Discipline specific study skills
    7. Presentation skills
    8. Communicating with the instructor and campus support staff
    9. Group study skills
    10. Learning styles, including an evaluation of each student's preferred learning styles
    11. Speed reading techniques
    12. Skills needed to think and write critically
    13. Research strategies and citation formatting

2. **Second year enrollment content (2nd two enrollments):**
  A. Academic planning
    1. Review and update educational plan using college catalog and transcript
    2. Present on campus support services for 1st year students
  B. Advanced Study Skills/College Success/Career
    1. Improving reading comprehension skills
    2. Continue to practice thinking critically
    3. Continue to practice writing critically
    4. Setting and achieving goals
    5. Practice speed reading techniques
    6. Setting up successful study groups
    7. Teach study skills to first year students
    8. Become a peer tutor for a first year student
    8. Initiate leadership opportunities/community participation (giving back)

V. Assignments
 A. Appropriate Readings
  1. College catalog, course schedule
  2. Articles and other instructor-selected readings supporting the content of the course.
 B. Writing Assignments
  Written assignments will include short papers and assigned homework.
 C. Expected Outside Assignments
  Reading to support assignments; reading texts from other classes

D. Specific Assignments that Demonstrate Critical Thinking

Regular use of a calendar to manage assignment due dates for all courses, plan for assignment completion, and manage other commitments and responsibilities.

VI. Methods of Evaluation

Traditional Classroom Evaluation:
Demonstration of skills, short assignments, and participation

Online Evaluation:
A variety of methods will be used, such as: research papers, asynchronous and synchronous discussions (chat/forum), online quizzes and exams, postings to online website, and email communications.

Hybrid Evaluation:
All quizzes and exams will be administered during the in person class time. Students will be expected to complete online assignments and activities equivalent to in class assignments and activities for the online portion of the course. Electronic communication, both synchronous and asynchronous will be evaluated for participation and to maintain effective communication between instructor and students.

VII. Methods of Delivery

Check those delivery methods for which, this course has been separately approved by the Curriculum/Academic Standards Committee.

☒ **Traditional Classroom Delivery** ☐ Correspondence Delivery

☒ Hybrid Delivery ☒ Online Delivery

Traditional Classroom Instruction
Methods of instruction may include, but are not limited to:
Lecture, supervised study, tutorial assistance, and discussion.

Online Delivery:
Online written lectures. Participation in forum-based discussions. Online exercises/assignments contained on website. Discussion papers, email communications, postings to forums, and web-links will comprise the method of instruction.

Hybrid Delivery:
A combination of traditional classroom and online instruction will be utilized. Each semester 30 lab hours will be taught face-to face by the instructor and 60 lab hours will be instructed online through the technology platform adopted by the District. Traditional class instruction will consist of lectures, visual aids, and group presentations. Online delivery will consist of exercises/assignments, lecture posts, discussions, adding extra resources and other media sources as appropriate.

VIII. Representative Texts and Supplies

Dillon, Dave. *Blueprint for Success in College: Indispensable Study Skills and Time Management Strategies*, v. 2.2. REBUS Community. Available free at
https://press.rebus.community/blueprint1/

Study Skills. Learning Strategies Center, Cornell University. Resources available free at http://lsc.cornell.edu/study-skills/

Time Management Skills. Learning Strategies Center, Cornell University. Resources available free at http://lsc.cornell.edu/time-management/

IX. Discipline/s Assignment

Basic Skills, Interdisciplinary Noncredit

X. Course Status

Current Status: Active
Original Approval Date: 9/5/1990
Chancellor's Office Approval Date: 02/08/1991
Revised By: Andy Rupley
Latest Curriculum/Academic Standards Committee Revision Date: 12/01/2020