

# Lassen Community College Course Outline

## HO-80A Nurse Assistant

6.0 Units

### I. Catalog Description

This course will provide specific knowledge and clinical skills training required for Nurse Assistants. Geriatric and Long-Term Care are emphasized. Areas covered will include role responsibilities, communications, infection control, safety and emergency procedures, personal care and the patient environment, nutrition and feeding, elimination needs, vital signs, charting and reporting, modified care for special needs, and restorative nursing. Students must complete all course hours and must achieve a 75% on their final class grade and must achieve a final exam grade of 75% or better to be eligible to take the California Nursing Assistant certification exam. This course requires a clinical rotation, all clinical compliance requirements must be met prior to enrolment. Uniform and lab fee of \$100 will be collected at registration. This course has been approved for hybrid and online delivery.

**Diversity Statement:**

*Our commitment to diversity requires that we strive to eliminate barriers to equity and that we act deliberately to create a safe and inclusive environment where individual and group differences are valued and leveraged for the growth and understanding as an educational community.*

**Recommended Preparation:** Successful completion of ENGL105 or equivalent multiple measures placement.

After registering for the Certified Nurse Assistant Program the student will:

1. Verify possession of a valid BLS CPR card from ASHI or AHA.
2. Verify that he or she doesn't have a criminal record and can work in a health care setting.
3. Provide documentation of recent two step tuberculosis testing or equivalent.
4. Provide records of vaccinations or titers required for entry in to clinical environments.
5. Comply with testing required for clinical site rotations such as Covid-19 testing.
6. Complete a 10 panel drug screening.
7. Complete a physical exam.
8. Create an account in My Clinical Exchange and complete all competencies.

Does Not Transfer to UC/CSU

72 Hours Lecture, 144 Expected Outside Class Hours, 112 Hours Lab, 328 Total Student Learning Hours.

Scheduled: Fall, Spring

### II. Coding Information

Repeatability: Not Repeatable, Take 1 Time

Grading Option: Graded

Credit Type: Credit - Degree Applicable

TOP Code: 123030

### **III. Course Objectives**

#### **A. Course Student Learning Outcomes**

Upon completion of this course the student will be able to:

Demonstrate the various components of a certified nursing assistants' role in accordance with scope of practice.

#### **B. Course Objectives**

Upon completion of this course the student will be able to:

1. Demonstrate knowledge of basic human needs and the problems and rights of residents.
2. Demonstrate knowledge of N.A. responsibilities, communication skills, and behavior modification.
3. Demonstrate ability to maintain infection control and follow safety and emergency procedures.
4. Demonstrate ability to position and move patients, maintain patient rooms, and assist with personal care.
5. Demonstrate ability to assist with nutrition, record data, and assist with physical exams and elimination.
6. Demonstrate ability to take and record vital signs, admit, discharge, and transfer patients.
7. Demonstrate ability to support and modify care for special needs residents.
8. Demonstrate ability to perform restorative nursing care and procedures.

### **IV. Course Content**

#### **A. Needs and Rights of Residents**

1. Long-term care, nursing facilities, health care team members, and residents' family members.
2. Basic human needs, feelings, and problems of resident and Nurse Assistant.
3. Resident rights, abuse and neglect.

#### **B. Role of the Nursing Assistant**

1. Personal qualities, responsibilities, legal and ethical issues.
2. Communication skills and behavior modification techniques.

#### **C. Infection Control and Safety and Emergency Procedures**

1. Body mechanics and resident safety.
2. Fire and disaster preparedness.

#### **D. Positioning and Moving, Residents' Environment, and Personal Care Procedures.**

1. Human body, positioning and moving resident.
2. Bed making and disinfecting units.
3. Oral hygiene, bed bath, tub bath and shower, grooming, dressing and undressing resident.

#### **E. Nutrition, Recording Data, Physical Exams, and Elimination**

1. Dietary needs, tray service, nasogastric tubes, and feeding resident.
2. Measuring and recording intake and output, height and weight, and assisting with exams.
3. Special urinary and bowel elimination needs.

#### **F. Vital Signs and Resident Admittance, Discharge, and Transfer**

1. Temperature, pulse, respiration, and blood pressure.
2. Procedures to admit, discharge, and transfer residents.

#### **G. Support and Modified Care for Special Needs Residents**

1. Psychological needs of residents, family, and staff and post-mortem care.
2. Special physical needs, COPD, mentally ill, dementia, and cognitively impaired.

**H. Restorative Nursing**

1. Promotion of self-care, exercise, and diversional activities.
2. Prosthetic and assistive devices.
3. Skin integrity maintenance, dressings, compresses and soaks.

**V. Assignments**

**A. Appropriate Readings**

Student workbook and other course manuals.

**B. Writing Assignments**

Demonstration of terminology, charting data, diets, and essay questions covering course materials.

**C. Expected Outside Assignments**

Various assignments covering all course materials.

**D. Specific Assignments that Demonstrate Critical Thinking**

The student will utilize critical thinking in the integration of information and the demonstrated use of appropriate procedures.

**VI. Methods of Evaluation**

The student must maintain a 75% in the class and must pass any midterm or final exams with a 75% or better to continue on in the Nursing Assistant Program.

**Traditional Classroom Instruction**

Term paper (topic choice, thesis statement, outline, bibliography, rough draft, final draft), homework, classroom discussion, essay, journals, lab demonstrations and activities, multiple choice quizzes, and participation.

**Hybrid Evaluation**

All quizzes and exams will be administered during the in person class time. Students will be expected to complete online assignments and activities equivalent to in class assignments and activities for the online portion of the course. Electronic communication, both synchronous and asynchronous (chat/forum) will be evaluated for participation and to maintain effective communication between instructor and students.

**Online Evaluation**

A variety of methods will be used, such as: research papers, asynchronous and synchronous (chat/forum) discussions, online quizzes and exams, posting to online website and email communications using the districts approved learning management system.

**VII. Methods of Delivery**

Check those delivery methods for which, this course has been separately approved by the Curriculum/Academic Standards Committee.

**Traditional Classroom Delivery**  Correspondence Delivery

Hybrid Delivery

Online Delivery

**Traditional Classroom Instruction**

Lecture, PowerPoint, and other media presentations, discussions, scenarios, and group presentations.

**Hybrid Delivery**

A combination of traditional classroom and online instruction will be utilized. Each semester a minimum of 1/3 of the lecture hours, will be taught face-to face by the instructor and the

remaining hours will be instructed online through the technology platform adopted by the District. Traditional class instruction will consist of exercises/assignments, lectures, visual aids, and practice exercises. Online delivery will consist of exercises/assignments, lecture posts, discussions, adding extra resources and other media sources as appropriate.

**Hybrid Delivery for Courses with a Lab**

Hybrid modality may involve face to face instruction mixed with online instruction. A minimum of 1/3 of instruction, including 100% labs, will be provided face to face. The remaining hours will be taught online through a technology platform as adopted by the district.

**VIII. Representative Texts and Supplies**

*CNA: Nursing Assistant Certification, California Edition, 2020, August Learning Solutions, Print ISBN: 978-1-941626-03-0 or eBook ISBN: 978-1-941626-50-4*

Included in uniform and lab fee:

- LCC Uniform
- Clinical Supply Kit

**IX. Discipline/s Assignment**

Health Care Ancillaries, Licensed Vocational Nursing, Nursing

**X. Course Status**

Current Status: Active

Original Approval Date: 5/20/1993

Revised By: Christi Myers

Curriculum/Academic Standards Committee Revision Date: 11/29/2022